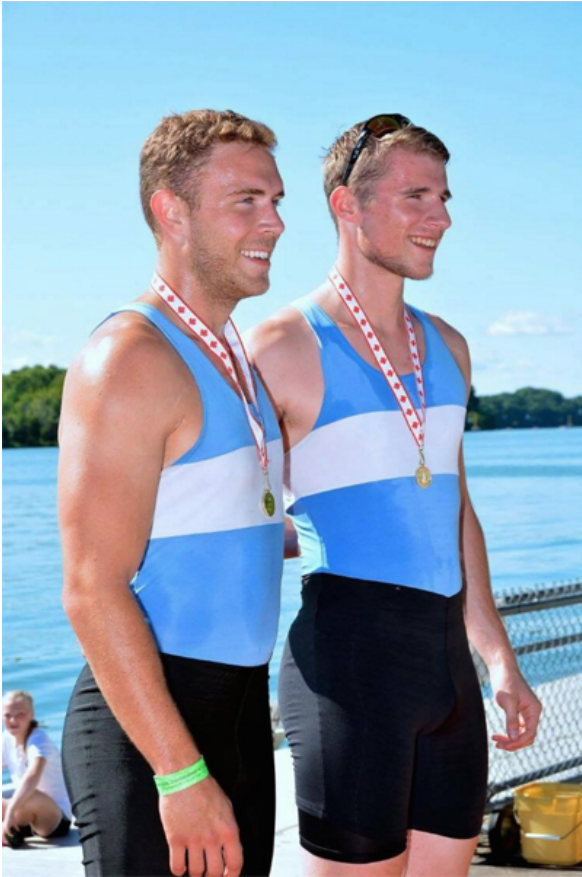


## Bancroft local takes home gold at Royal Canadian Henley Regatta



Nick van der Woude and partner Michael Bushuk finished first at the 134th Annual Royal Canadian Henley Regatta in St. Catharines. Van der Woude said he takes after his dad when it comes to rowing. His favourite part about rowing is the finer details and techniques behind the required in the sport. While he loves rowing, van der Woude wants to become a police officer once he graduates from Laurentian University. / SUBMITTED